



# CHROMIUM PICOLINATE

ALPHA CHEMICALS PTY LTD

Chemwatch Hazard Alert Code: 2

Chemwatch: 6000-70

Version No: 4.1.1.1

Safety Data Sheet according to WHS and ADG requirements

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S.GHS.AUS.EN

## SECTION 1 IDENTIFICATION OF THE SUBSTANCE / MIXTURE AND OF THE COMPANY / UNDERTAKING

### Product Identifier

Product name	CHROMIUM PICOLINATE
Chemical Name	picolinic acid, chromium salt
Synonyms	C18-H12-N3-O6-Cr; 2-pyridinecarboxylic acid, chromium salt; chromium tripicolinate; chromic picolinate; chromium 2-pyridinecarboxylate; chromium, tris(2-pyridinecarboxylato-N(1),O(2))-; CrTPA; chromium, tris(2-pyridinecarboxylato-N1,O2)-; chromium, tris(picolinato)-; chromium trispicolinate; chromium(III) trispicolinate; chromium (2-carboxymethylpyridine)3; o-methylpyridinecarboxylic acid, chromium salt; alpha-methylpyridinecarboxylic acid, chromium salt; 2-pyridine3-carboxylic acid, chromium salt; 2-picolinic acid chromium salt; chromium picolinate
Chemical formula	C11H19CrO2
Other means of identification	Not Available
CAS number	14639-25-9

### Relevant identified uses of the substance or mixture and uses advised against

Relevant identified uses	Chromium(III)-containing, nitrogen heterocyclic acid, metal salt. Dietary supplement. Claimed to reduce body fat, build muscle, reduce cardiovascular disease and the symptoms of diabetes. Thought to act at the insulin receptor.
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### Details of the supplier of the safety data sheet

Registered company name	ALPHA CHEMICALS PTY LTD
Address	4 ALLEN PLACE WETHERILL PARK NSW 2099 Australia
Telephone	61 (0)2 9982 4622
Fax	Not Available
Website	~
Email	shane@alphachem.com.au

### Emergency telephone number

Association / Organisation	ALPHA CHEMICALS PTY LTD
Emergency telephone numbers	61 (0)418 237 771
Other emergency telephone numbers	Not Available

## SECTION 2 HAZARDS IDENTIFICATION

### Classification of the substance or mixture

**HAZARDOUS CHEMICAL. NON-DANGEROUS GOODS.** According to the WHS Regulations and the ADG Code.

### CHEMWATCH HAZARD RATINGS


	Min	Max
Flammability	1	1
Toxicity	1	1
Body Contact	2	2
Reactivity	1	1
Chronic	0	0

0 = Minimum  
1 = Low  
2 = Moderate  
3 = High  
4 = Extreme

Poisons Schedule	Not Applicable
Classification [1]	Specific target organ toxicity - single exposure Category 3 (respiratory tract irritation), Acute Aquatic Hazard Category 3, Skin Corrosion/Irritation Category 2, Eye Irritation Category 2A
Legend:	1. Classified by Chemwatch; 2. Classification drawn from HCIS; 3. Classification drawn from Regulation (EU) No 1272/2008 - Annex VI

### Label elements

**CHROMIUM PICOLINATE**

Hazard pictogram(s)	
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SIGNAL WORD	<b>WARNING</b>
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**Hazard statement(s)**

<b>H335</b>	May cause respiratory irritation.
<b>H402</b>	Harmful to aquatic life.
<b>H315</b>	Causes skin irritation.
<b>H319</b>	Causes serious eye irritation.

**Precautionary statement(s) Prevention**

<b>P271</b>	Use only outdoors or in a well-ventilated area.
<b>P261</b>	Avoid breathing dust/fumes.
<b>P273</b>	Avoid release to the environment.
<b>P280</b>	Wear protective gloves/protective clothing/eye protection/face protection.

**Precautionary statement(s) Response**

<b>P321</b>	Specific treatment (see advice on this label).
<b>P362</b>	Take off contaminated clothing and wash before reuse.
<b>P305+P351+P338</b>	IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.
<b>P312</b>	Call a POISON CENTER or doctor/physician if you feel unwell.
<b>P337+P313</b>	If eye irritation persists: Get medical advice/attention.
<b>P302+P352</b>	IF ON SKIN: Wash with plenty of water and soap.
<b>P304+P340</b>	IF INHALED: Remove victim to fresh air and keep at rest in a position comfortable for breathing.
<b>P332+P313</b>	If skin irritation occurs: Get medical advice/attention.

**Precautionary statement(s) Storage**

<b>P405</b>	Store locked up.
<b>P403+P233</b>	Store in a well-ventilated place. Keep container tightly closed.

**Precautionary statement(s) Disposal**

<b>P501</b>	Dispose of contents/container to authorised hazardous or special waste collection point in accordance with any local regulation.
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**SECTION 3 COMPOSITION / INFORMATION ON INGREDIENTS**

**Substances**

CAS No	%[weight]	Name
14639-25-9	>98	<u>Chromium picolinate</u>

**Mixtures**

See section above for composition of Substances

**SECTION 4 FIRST AID MEASURES**

**Description of first aid measures**

<b>Eye Contact</b>	<p>If this product comes in contact with the eyes:</p> <ul style="list-style-type: none"> <li>▶ Wash out immediately with fresh running water.</li> <li>▶ Ensure complete irrigation of the eye by keeping eyelids apart and away from eye and moving the eyelids by occasionally lifting the upper and lower lids.</li> <li>▶ Seek medical attention without delay; if pain persists or recurs seek medical attention.</li> <li>▶ Removal of contact lenses after an eye injury should only be undertaken by skilled personnel.</li> </ul>
<b>Skin Contact</b>	<p>If skin contact occurs:</p> <ul style="list-style-type: none"> <li>▶ Immediately remove all contaminated clothing, including footwear.</li> <li>▶ Flush skin and hair with running water (and soap if available).</li> <li>▶ Seek medical attention in event of irritation.</li> </ul>
<b>Inhalation</b>	<ul style="list-style-type: none"> <li>▶ If fumes or combustion products are inhaled remove from contaminated area.</li> <li>▶ Lay patient down. Keep warm and rested.</li> <li>▶ Prostheses such as false teeth, which may block airway, should be removed, where possible, prior to initiating first aid procedures.</li> <li>▶ Apply artificial respiration if not breathing, preferably with a demand valve resuscitator, bag-valve mask device, or pocket mask as trained. Perform CPR if necessary.</li> <li>▶ Transport to hospital, or doctor, without delay.</li> </ul>
<b>Ingestion</b>	<ul style="list-style-type: none"> <li>▶ <b>If swallowed do NOT induce vomiting.</b></li> <li>▶ If vomiting occurs, lean patient forward or place on left side (head-down position, if possible) to maintain open airway and prevent aspiration.</li> <li>▶ Observe the patient carefully.</li> <li>▶ Never give liquid to a person showing signs of being sleepy or with reduced awareness; i.e. becoming unconscious.</li> </ul>

Continued...

**CHROMIUM PICOLINATE**

- ▶ Give water to rinse out mouth, then provide liquid slowly and as much as casualty can comfortably drink.
- ▶ Seek medical advice.

**Indication of any immediate medical attention and special treatment needed**

Treat symptomatically.

**SECTION 5 FIREFIGHTING MEASURES**

**Extinguishing media**

- ▶ Foam.
- ▶ Dry chemical powder.
- ▶ BCF (where regulations permit).
- ▶ Carbon dioxide.
- ▶ Water spray or fog - Large fires only.

**Special hazards arising from the substrate or mixture**

<b>Fire Incompatibility</b>	▶ Avoid contamination with oxidising agents i.e. nitrates, oxidising acids, chlorine bleaches, pool chlorine etc. as ignition may result
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**Advice for firefighters**

<b>Fire Fighting</b>	<ul style="list-style-type: none"> <li>▶ Alert Fire Brigade and tell them location and nature of hazard.</li> <li>▶ Wear breathing apparatus plus protective gloves.</li> <li>▶ Prevent, by any means available, spillage from entering drains or water courses.</li> <li>▶ Use water delivered as a fine spray to control fire and cool adjacent area.</li> <li>▶ <b>DO NOT</b> approach containers suspected to be hot.</li> <li>▶ Cool fire exposed containers with water spray from a protected location.</li> <li>▶ If safe to do so, remove containers from path of fire.</li> <li>▶ Equipment should be thoroughly decontaminated after use.</li> </ul>
<b>Fire/Explosion Hazard</b>	<ul style="list-style-type: none"> <li>▶ Combustible solid which burns but propagates flame with difficulty; it is estimated that most organic dusts are combustible (circa 70%) - according to the circumstances under which the combustion process occurs, such materials may cause fires and / or dust explosions.</li> <li>▶ Organic powders when finely divided over a range of concentrations regardless of particulate size or shape and suspended in air or some other oxidizing medium may form explosive dust-air mixtures and result in a fire or dust explosion (including secondary explosions).</li> <li>▶ Avoid generating dust, particularly clouds of dust in a confined or unventilated space as dusts may form an explosive mixture with air, and any source of ignition, i.e. flame or spark, will cause fire or explosion. Dust clouds generated by the fine grinding of the solid are a particular hazard; accumulations of fine dust (420 micron or less) may burn rapidly and fiercely if ignited - particles exceeding this limit will generally not form flammable dust clouds; once initiated, however, larger particles up to 1400 microns diameter will contribute to the propagation of an explosion.</li> <li>▶ In the same way as gases and vapours, dusts in the form of a cloud are only ignitable over a range of concentrations; in principle, the concepts of lower explosive limit (LEL) and upper explosive limit (UEL) are applicable to dust clouds but only the LEL is of practical use; - this is because of the inherent difficulty of achieving homogeneous dust clouds at high temperatures (for dusts the LEL is often called the "Minimum Explosible Concentration", MEC).</li> <li>▶ When processed with flammable liquids/vapors/mists, ignitable (hybrid) mixtures may be formed with combustible dusts. Ignitable mixtures will increase the rate of explosion pressure rise and the Minimum Ignition Energy (the minimum amount of energy required to ignite dust clouds - MIE) will be lower than the pure dust in air mixture. The Lower Explosive Limit (LEL) of the vapour/dust mixture will be lower than the individual LELs for the vapors/mists or dusts.</li> </ul> <p>Combustion products include: carbon monoxide (CO) carbon dioxide (CO<sub>2</sub>) nitrogen oxides (NO<sub>x</sub>) metal oxides other pyrolysis products typical of burning organic material. May emit poisonous fumes. May emit corrosive fumes.</p>
<b>HAZCHEM</b>	Not Applicable

**SECTION 6 ACCIDENTAL RELEASE MEASURES**

**Personal precautions, protective equipment and emergency procedures**

See section 8

**Environmental precautions**

See section 12

**Methods and material for containment and cleaning up**

<b>Minor Spills</b>	<ul style="list-style-type: none"> <li>▶ Clean up waste regularly and abnormal spills immediately.</li> <li>▶ Avoid breathing dust and contact with skin and eyes.</li> <li>▶ Wear protective clothing, gloves, safety glasses and dust respirator.</li> <li>▶ Use dry clean up procedures and avoid generating dust.</li> <li>▶ Vacuum up or sweep up. <b>NOTE:</b> Vacuum cleaner must be fitted with an exhaust micro filter (HEPA type) (consider explosion-proof machines designed to be grounded during storage and use).</li> <li>▶ Dampen with water to prevent dusting before sweeping.</li> <li>▶ Place in suitable containers for disposal.</li> </ul>
<b>Major Spills</b>	<p>Moderate hazard.</p> <ul style="list-style-type: none"> <li>▶ <b>CAUTION:</b> Advise personnel in area.</li> <li>▶ Alert Emergency Services and tell them location and nature of hazard.</li> <li>▶ Control personal contact by wearing protective clothing.</li> <li>▶ Prevent, by any means available, spillage from entering drains or water courses.</li> <li>▶ Recover product wherever possible.</li> <li>▶ <b>IF DRY:</b> Use dry clean up procedures and avoid generating dust. Collect residues and place in sealed plastic bags or other containers for disposal.</li> </ul>

**CHROMIUM PICOLINATE**

Personal Protective Equipment advice is contained in Section 8 of the SDS.

**SECTION 7 HANDLING AND STORAGE**

**Precautions for safe handling**

<b>Safe handling</b>	<ul style="list-style-type: none"> <li>▶ Avoid all personal contact, including inhalation.</li> <li>▶ Wear protective clothing when risk of exposure occurs.</li> <li>▶ Use in a well-ventilated area.</li> <li>▶ Prevent concentration in hollows and sumps.</li> <li>▶ <b>DO NOT enter confined spaces until atmosphere has been checked.</b></li> <li>▶ <b>DO NOT allow material to contact humans, exposed food or food utensils.</b></li> <li>▶ Avoid contact with incompatible materials.</li> <li>▶ <b>When handling, DO NOT eat, drink or smoke.</b></li> <li>▶ Organic powders when finely divided over a range of concentrations regardless of particulate size or shape and suspended in air or some other oxidizing medium may form explosive dust-air mixtures and result in a fire or dust explosion (including secondary explosions)</li> <li>▶ Minimise airborne dust and eliminate all ignition sources. Keep away from heat, hot surfaces, sparks, and flame.</li> <li>▶ Establish good housekeeping practices.</li> <li>▶ Remove dust accumulations on a regular basis by vacuuming or gentle sweeping to avoid creating dust clouds.</li> <li>▶ Use continuous suction at points of dust generation to capture and minimise the accumulation of dusts. Particular attention should be given to overhead and hidden horizontal surfaces to minimise the probability of a "secondary" explosion. According to NFPA Standard 654, dust layers 1/32 in.(0.8 mm) thick can be sufficient to warrant immediate cleaning of the area.</li> <li>▶ Do not use air hoses for cleaning.</li> </ul>
<b>Other information</b>	<ul style="list-style-type: none"> <li>▶ Store in original containers.</li> <li>▶ Keep containers securely sealed.</li> <li>▶ Store in a cool, dry area protected from environmental extremes.</li> <li>▶ Store away from incompatible materials and foodstuff containers.</li> <li>▶ Protect containers against physical damage and check regularly for leaks.</li> <li>▶ Observe manufacturer's storage and handling recommendations contained within this SDS.</li> </ul> <p>For major quantities:</p> <ul style="list-style-type: none"> <li>▶ Consider storage in banded areas - ensure storage areas are isolated from sources of community water (including stormwater, ground water, lakes and streams).</li> <li>▶ Ensure that accidental discharge to air or water is the subject of a contingency disaster management plan; this may require consultation with local authorities.</li> </ul>

**Conditions for safe storage, including any incompatibilities**

<b>Suitable container</b>	<ul style="list-style-type: none"> <li>▶ Polyethylene or polypropylene container.</li> <li>▶ Check all containers are clearly labelled and free from leaks.</li> </ul>
<b>Storage incompatibility</b>	<ul style="list-style-type: none"> <li>▶ Avoid strong acids, acid chlorides, acid anhydrides and chloroformates.</li> <li>▶ Avoid reaction with oxidising agents, bases and strong reducing agents.</li> </ul>

**SECTION 8 EXPOSURE CONTROLS / PERSONAL PROTECTION**

**Control parameters**

**OCCUPATIONAL EXPOSURE LIMITS (OEL)**

**INGREDIENT DATA**

Not Available

**EMERGENCY LIMITS**

Ingredient	Material name	TEEL-1	TEEL-2	TEEL-3
CHROMIUM PICOLINATE	Not Available	Not Available	Not Available	Not Available

Ingredient	Original IDLH	Revised IDLH
Chromium picolinate	Not Available	Not Available

**OCCUPATIONAL EXPOSURE BANDING**

Ingredient	Occupational Exposure Band Rating	Occupational Exposure Band Limit
Chromium picolinate	E	≤ 0.01 mg/m <sup>3</sup>


**Notes:**

*Occupational exposure banding is a process of assigning chemicals into specific categories or bands based on a chemical's potency and the adverse health outcomes associated with exposure. The output of this process is an occupational exposure band (OEB), which corresponds to a range of exposure concentrations that are expected to protect worker health.*

**Exposure controls**

<b>Appropriate engineering controls</b>	<p>Engineering controls are used to remove a hazard or place a barrier between the worker and the hazard. Well-designed engineering controls can be highly effective in protecting workers and will typically be independent of worker interactions to provide this high level of protection. The basic types of engineering controls are:</p> <p>Process controls which involve changing the way a job activity or process is done to reduce the risk.</p> <p>Enclosure and/or isolation of emission source which keeps a selected hazard "physically" away from the worker and ventilation that strategically "adds" and "removes" air in the work environment. Ventilation can remove or dilute an air contaminant if designed properly. The design of a ventilation system must match the particular process and chemical or contaminant in use.</p> <p>Employers may need to use multiple types of controls to prevent employee overexposure.</p> <ul style="list-style-type: none"> <li>▶ Local exhaust ventilation is required where solids are handled as powders or crystals; even when particulates are relatively large, a certain proportion will be powdered by mutual friction.</li> </ul>
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## CHROMIUM PICOLINATE

<b>Personal protection</b>	
<b>Eye and face protection</b>	<ul style="list-style-type: none"> <li>▶ Safety glasses with side shields.</li> <li>▶ Chemical goggles.</li> <li>▶ Contact lenses may pose a special hazard; soft contact lenses may absorb and concentrate irritants. A written policy document, describing the wearing of lenses or restrictions on use, should be created for each workplace or task. This should include a review of lens absorption and adsorption for the class of chemicals in use and an account of injury experience. Medical and first-aid personnel should be trained in their removal and suitable equipment should be readily available. In the event of chemical exposure, begin eye irrigation immediately and remove contact lens as soon as practicable. Lens should be removed at the first signs of eye redness or irritation - lens should be removed in a clean environment only after workers have washed hands thoroughly.</li> </ul>
<b>Skin protection</b>	See Hand protection below
<b>Hands/feet protection</b>	<p>The selection of suitable gloves does not only depend on the material, but also on further marks of quality which vary from manufacturer to manufacturer. Where the chemical is a preparation of several substances, the resistance of the glove material can not be calculated in advance and has therefore to be checked prior to the application.</p> <p>The exact break through time for substances has to be obtained from the manufacturer of the protective gloves and has to be observed when making a final choice.</p> <p>Personal hygiene is a key element of effective hand care. Gloves must only be worn on clean hands. After using gloves, hands should be washed and dried thoroughly. Application of a non-perfumed moisturiser is recommended.</p> <p>Suitability and durability of glove type is dependent on usage.</p> <p>Experience indicates that the following polymers are suitable as glove materials for protection against undissolved, dry solids, where abrasive particles are not present.</p> <ul style="list-style-type: none"> <li>▶ polychloroprene.</li> <li>▶ nitrile rubber.</li> <li>▶ butyl rubber.</li> <li>▶ fluoroacoutchouc.</li> <li>▶ polyvinyl chloride.</li> </ul> <p>Gloves should be examined for wear and/ or degradation constantly.</p>
<b>Body protection</b>	See Other protection below
<b>Other protection</b>	<ul style="list-style-type: none"> <li>▶ Overalls.</li> <li>▶ P.V.C apron.</li> <li>▶ Barrier cream.</li> <li>▶ Skin cleansing cream.</li> <li>▶ Eye wash unit.</li> </ul>

**Respiratory protection**

Particulate. (AS/NZS 1716 & 1715, EN 143:2000 & 149:001, ANSI Z88 or national equivalent)

Required Minimum Protection Factor	Half-Face Respirator	Full-Face Respirator	Powered Air Respirator
up to 10 x ES	P1 Air-line*	- -	PAPR-P1 -
up to 50 x ES	Air-line**	P2	PAPR-P2
up to 100 x ES	-	P3	-
		Air-line*	-
100+ x ES	-	Air-line**	PAPR-P3

\* - Negative pressure demand \*\* - Continuous flow

A(All classes) = Organic vapours, B AUS or B1 = Acid gasses, B2 = Acid gas or hydrogen cyanide(HCN), B3 = Acid gas or hydrogen cyanide(HCN), E = Sulfur dioxide(SO<sub>2</sub>), G = Agricultural chemicals, K = Ammonia(NH<sub>3</sub>), Hg = Mercury, NO = Oxides of nitrogen, MB = Methyl bromide, AX = Low boiling point organic compounds(below 65 degC)

- ▶ Respirators may be necessary when engineering and administrative controls do not adequately prevent exposures.
- ▶ The decision to use respiratory protection should be based on professional judgment that takes into account toxicity information, exposure measurement data, and frequency and likelihood of the worker's exposure - ensure users are not subject to high thermal loads which may result in heat stress or distress due to personal protective equipment (powered, positive flow, full face apparatus may be an option).
- ▶ Published occupational exposure limits, where they exist, will assist in determining the adequacy of the selected respiratory protection. These may be government mandated or vendor recommended.
- ▶ Certified respirators will be useful for protecting workers from inhalation of particulates when properly selected and fit tested as part of a complete respiratory protection program.
- ▶ Use approved positive flow mask if significant quantities of dust becomes airborne.
- ▶ Try to avoid creating dust conditions.

**SECTION 9 PHYSICAL AND CHEMICAL PROPERTIES****Information on basic physical and chemical properties**

<b>Appearance</b>	Reddish powder. Practically insoluble in water and organic solvents. Faint characteristic odour.		
<b>Physical state</b>	Divided Solid	<b>Relative density (Water = 1)</b>	Not Available
<b>Odour</b>	Not Available	<b>Partition coefficient n-octanol / water</b>	Not Available
<b>Odour threshold</b>	Not Available	<b>Auto-ignition temperature (°C)</b>	Not Available
<b>pH (as supplied)</b>	Not Applicable	<b>Decomposition temperature</b>	Not available.
<b>Melting point / freezing point (°C)</b>	137 (free acid)	<b>Viscosity (cSt)</b>	Not Applicable

## CHROMIUM PICOLINATE

<b>Initial boiling point and boiling range (°C)</b>	Not Applicable	<b>Molecular weight (g/mol)</b>	418.3
<b>Flash point (°C)</b>	Not Available	<b>Taste</b>	Not Available
<b>Evaporation rate</b>	Not Applicable	<b>Explosive properties</b>	Not Available
<b>Flammability</b>	Not Available	<b>Oxidising properties</b>	Not Available
<b>Upper Explosive Limit (%)</b>	Not available.	<b>Surface Tension (dyn/cm or mN/m)</b>	Not Applicable
<b>Lower Explosive Limit (%)</b>	Not Available	<b>Volatile Component (%vol)</b>	Negligible
<b>Vapour pressure (kPa)</b>	Negligible	<b>Gas group</b>	Not Available
<b>Solubility in water</b>	Immiscible	<b>pH as a solution (1%)</b>	Not Applicable
<b>Vapour density (Air = 1)</b>	Not Applicable	<b>VOC g/L</b>	Not Available

### SECTION 10 STABILITY AND REACTIVITY

<b>Reactivity</b>	See section 7
<b>Chemical stability</b>	<ul style="list-style-type: none"> <li>▶ Unstable in the presence of incompatible materials.</li> <li>▶ Product is considered stable.</li> <li>▶ Hazardous polymerisation will not occur.</li> </ul>
<b>Possibility of hazardous reactions</b>	See section 7
<b>Conditions to avoid</b>	See section 7
<b>Incompatible materials</b>	See section 7
<b>Hazardous decomposition products</b>	See section 5

### SECTION 11 TOXICOLOGICAL INFORMATION

#### Information on toxicological effects

<b>Inhaled</b>	<p>The material can cause respiratory irritation in some persons. The body's response to such irritation can cause further lung damage. Persons with impaired respiratory function, airway diseases and conditions such as emphysema or chronic bronchitis, may incur further disability if excessive concentrations of particulate are inhaled.</p> <p>If prior damage to the circulatory or nervous systems has occurred or if kidney damage has been sustained, proper screenings should be conducted on individuals who may be exposed to further risk if handling and use of the material result in excessive exposures.</p>				
<b>Ingestion</b>	<p>Accidental ingestion of the material may be damaging to the health of the individual.</p> <p>Exposure to alkyldipyridines (including the picolines) may result in an alteration to the heart beat, either speeding it up or slowing it down.</p>				
<b>Skin Contact</b>	<p>This material can cause inflammation of the skin on contact in some persons.</p> <p>The material may accentuate any pre-existing dermatitis condition</p> <p>Skin contact is not thought to have harmful health effects (as classified under EC Directives); the material may still produce health damage following entry through wounds, lesions or abrasions.</p> <p>Open cuts, abraded or irritated skin should not be exposed to this material</p> <p>Entry into the blood-stream, through, for example, cuts, abrasions or lesions, may produce systemic injury with harmful effects. Examine the skin prior to the use of the material and ensure that any external damage is suitably protected.</p>				
<b>Eye</b>	<p>This material can cause eye irritation and damage in some persons.</p>				
<b>Chronic</b>	<p>Long-term exposure to respiratory irritants may result in airways disease, involving difficulty breathing and related whole-body problems. Substance accumulation, in the human body, may occur and may cause some concern following repeated or long-term occupational exposure. Long term exposure to high dust concentrations may cause changes in lung function i.e. pneumoconiosis, caused by particles less than 0.5 micron penetrating and remaining in the lung.</p> <p>Chromium (III) is an essential trace mineral. Chronic exposure to chromium (III) irritates the airways, malnourishes the liver and kidneys, causes fluid in the lungs, and adverse effects on white blood cells, and also increases the risk of developing lung cancer.</p> <p>There has been concern that this material can cause cancer or mutations, but there is not enough data to make an assessment.</p> <p>Data from experimental studies indicate that pyridines represent a potential cause of cancer in man. They have also been shown to cross the placental barrier in rats and cause premature delivery, miscarriages and stillbirths.</p> <p>Prolonged ingestion of amounts gt:200 micrograms chromium picolinate, daily, may interfere with the assimilation and metabolism of other nutritionally essential transition metals and may cause anaemia, hair loss and skin rash. -Manufacturer] Chromium picolinate produces DNA breakage in cultured cells; the picolinate ligand may facilitate such breakage by enhancing cell uptake of chromium. It has been proposed that following interaction with substances such as Vitamin C, the reaction product may further catalyse reaction with oxygen to generate potent DNA-damaging hydroxyl radicals. (Vincent, John B. University of Alabama)</p>				
<b>Chromium picolinate</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;"><b>TOXICITY</b></td> <td style="width: 50%;"><b>IRRITATION</b></td> </tr> <tr> <td>&gt;2500 mg/kg<sup>[1]</sup></td> <td>Not Available</td> </tr> </table>	<b>TOXICITY</b>	<b>IRRITATION</b>	>2500 mg/kg <sup>[1]</sup>	Not Available
<b>TOXICITY</b>	<b>IRRITATION</b>				
>2500 mg/kg <sup>[1]</sup>	Not Available				
<b>Legend:</b>	<p>1. Value obtained from Europe ECHA Registered Substances - Acute toxicity 2. * Value obtained from manufacturer's SDS. Unless otherwise specified data extracted from RTECS - Register of Toxic Effect of chemical Substances</p>				

<b>CHROMIUM PICOLINATE</b>	<p>Asthma-like symptoms may continue for months or even years after exposure to the material ends. This may be due to a non-allergic condition known as reactive airways dysfunction syndrome (RADS) which can occur after exposure to high levels of highly irritating compound. Main criteria for diagnosing RADS include the absence of previous airways disease in a non-atopic individual, with sudden onset of persistent asthma-like symptoms within minutes to hours of a documented exposure to the irritant. Other criteria for diagnosis of RADS include a reversible airflow pattern on lung function tests, moderate to severe bronchial hyperreactivity on methacholine challenge testing, and the lack of minimal lymphocytic inflammation, without eosinophilia. RADS (or asthma) following an irritating inhalation is an infrequent disorder with rates related to the concentration of and duration of exposure to the irritating substance. On the other hand, industrial bronchitis is a disorder that occurs as a result of exposure due to high concentrations of irritating substance (often particles) and is completely reversible after exposure ceases. The</p>
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disorder is characterized by difficulty breathing, cough and mucus production.  
On skin and inhalation exposure, chromium and its compounds (except hexavalent) can be a potent sensitiser, as particulates. Studies show that they have a complex toxicity mechanism with hexavalent chromium associated with an increased risk of lung damage and respiratory cancers (primarily bronchogenic and nose cancers). However, there is no evidence that elemental, divalent, or trivalent chromium compounds causes cancer or genetic toxicity.  
TDLo (man): 8571 ng/kg/90 d - I Hallucinations recorded. \* Manufacturer

Acute Toxicity	✗	Carcinogenicity	✗
Skin Irritation/Corrosion	✓	Reproductivity	✗
Serious Eye Damage/Irritation	✓	STOT - Single Exposure	✓
Respiratory or Skin sensitisation	✗	STOT - Repeated Exposure	✗
Mutagenicity	✗	Aspiration Hazard	✗

Legend: ✗ – Data either not available or does not fill the criteria for classification  
✓ – Data available to make classification

## SECTION 12 ECOLOGICAL INFORMATION

### Toxicity

Chromium picolinate	ENDPOINT	TEST DURATION (HR)	SPECIES	VALUE	SOURCE
	Not Available	Not Available	Not Available	Not Available	Not Available

**Legend:** *Extracted from 1. IUCLID Toxicity Data 2. Europe ECHA Registered Substances - Ecotoxicological Information - Aquatic Toxicity 3. EPIWIN Suite V3.12 (QSAR) - Aquatic Toxicity Data (Estimated) 4. US EPA, Ecotox database - Aquatic Toxicity Data 5. ECETOC Aquatic Hazard Assessment Data 6. NITE (Japan) - Bioconcentration Data 7. METI (Japan) - Bioconcentration Data 8. Vendor Data*

Harmful to aquatic organisms.

For Chromium: Chromium is poorly absorbed by cells found in microorganisms, plants and animals. Hexavalent chromate anions are readily transported into cells and toxicity is closely linked to the higher oxidation state.

Ecotoxicity - Toxicity in Aquatic Organisms: Chromium is harmful to aquatic organisms in very low concentrations. Organisms consumed by fish species are very sensitive to low levels of chromium. Chromium is toxic to fish although less so in warm water. Marked decreases in toxicity are found with increasing pH or water hardness; changes in salinity have little if any effect. Chromium appears to make fish more susceptible to infection. High concentrations can damage and/or accumulate in various fish tissues and in invertebrates such as snails and worms.

For chromium:

Aquatic Fate - Most chromium released into water will be deposited in the sediment. A small percentage of chromium can be found in soluble and insoluble forms with soluble chromium making up a very small percentage of the total chromium. Most of the soluble chromium is present as chromium (VI) and soluble chromium (III) complexes. In the aquatic phase, chromium (III) occurs mostly as suspended solids adsorbed onto clayish materials, organics, or iron oxide present in water. Soluble forms and suspended chromium can undergo intramedia transport. Chromium (VI) in water will eventually be reduced to chromium (III) by organic matter in the water. This process may be slower depending on the type and amount of organic material present and on the redox condition of the water. The reaction was generally faster under anaerobic than aerobic conditions.

For Pyridine and its Derivatives:

Environmental Fate: As molecular weight/substitution increase in the pyridine category, greater distribution to water and soil, and less to air, is predicted.

Atmospheric Fate: The lower weight pyridine, piperidine, is expected to be rapidly degraded by UV light in the atmosphere, with an estimated half-life of < 1 day. Higher molecular weight pyridines are expected to be broken down by sunlight, (photodegrades), more slowly, (half-lives ranging from 10-30 days). Lutidines and collidines are expected to photodegrade even more slowly. The nitrile derivatives of pyridine are also predicted to photodegrade slowly, with half-lives of 164 days; however, the nitrile derivatives of pyridine are predicted to partition to air much less favorably than to soil and water.

Terrestrial Fate: Depending upon the environmental conditions, different types of bacteria, fungi, and enzymes are involved in the breakdown of these substances.

Aquatic Fate: Pyridines are not expected to be broken down by water; however, breakdown by microbes is expected, if sufficient oxygen is available. These substances are expected to be stable in low oxygen/sterile conditions.

**DO NOT discharge into sewer or waterways.**

### Persistence and degradability

Ingredient	Persistence: Water/Soil	Persistence: Air
	No Data available for all ingredients	No Data available for all ingredients

### Bioaccumulative potential

Ingredient	Bioaccumulation
	No Data available for all ingredients

### Mobility in soil

Ingredient	Mobility
	No Data available for all ingredients

## SECTION 13 DISPOSAL CONSIDERATIONS

### Waste treatment methods

Product / Packaging disposal	<p>Legislation addressing waste disposal requirements may differ by country, state and/ or territory. Each user must refer to laws operating in their area. In some areas, certain wastes must be tracked. A Hierarchy of Controls seems to be common - the user should investigate:</p> <ul style="list-style-type: none"> <li>▶ Reduction</li> <li>▶ Reuse</li> <li>▶ Recycling</li> <li>▶ Disposal (if all else fails)</li> </ul> <p>This material may be recycled if unused, or if it has not been contaminated so as to make it unsuitable for its intended use. Shelf life</p>
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## CHROMIUM PICOLINATE

considerations should also be applied in making decisions of this type. Note that properties of a material may change in use, and recycling or reuse may not always be appropriate. In most instances the supplier of the material should be consulted.

- ▶ **DO NOT allow wash water from cleaning or process equipment to enter drains.**
- ▶ It may be necessary to collect all wash water for treatment before disposal.
- ▶ In all cases disposal to sewer may be subject to local laws and regulations and these should be considered first.
- ▶ Where in doubt contact the responsible authority.
- ▶ Recycle wherever possible.
- ▶ Consult manufacturer for recycling options or consult local or regional waste management authority for disposal if no suitable treatment or disposal facility can be identified.
- ▶ Dispose of by: burial in a land-fill specifically licensed to accept chemical and / or pharmaceutical wastes or Incineration in a licensed apparatus (after admixture with suitable combustible material)
- ▶ Decontaminate empty containers. Observe all label safeguards until containers are cleaned and destroyed.

### SECTION 14 TRANSPORT INFORMATION

#### Labels Required

Marine Pollutant	NO
HAZCHEM	Not Applicable

**Land transport (ADG): NOT REGULATED FOR TRANSPORT OF DANGEROUS GOODS**

**Air transport (ICAO-IATA / DGR): NOT REGULATED FOR TRANSPORT OF DANGEROUS GOODS**

**Sea transport (IMDG-Code / GGVSee): NOT REGULATED FOR TRANSPORT OF DANGEROUS GOODS**

**Transport in bulk according to Annex II of MARPOL and the IBC code**

Not Applicable

### SECTION 15 REGULATORY INFORMATION

**Safety, health and environmental regulations / legislation specific for the substance or mixture**

**CHROMIUM PICOLINATE IS FOUND ON THE FOLLOWING REGULATORY LISTS**

Not Applicable

#### National Inventory Status

National Inventory	Status
Australia - AICS	No (Chromium picolinate)
Canada - DSL	No (Chromium picolinate)
Canada - NDSL	No (Chromium picolinate)
China - IECSC	No (Chromium picolinate)
Europe - EINEC / ELINCS / NLP	No (Chromium picolinate)
Japan - ENCS	No (Chromium picolinate)
Korea - KECI	No (Chromium picolinate)
New Zealand - NZIoC	Yes
Philippines - PICCS	No (Chromium picolinate)
USA - TSCA	No (Chromium picolinate)
Taiwan - TCSI	Yes
Mexico - INSQ	Yes
Vietnam - NCI	Yes
Russia - ARIPS	No (Chromium picolinate)
<b>Legend:</b>	Yes = All CAS declared ingredients are on the inventory No = One or more of the CAS listed ingredients are not on the inventory and are not exempt from listing(see specific ingredients in brackets)

### SECTION 16 OTHER INFORMATION

Revision Date	27/06/2017
Initial Date	Not Available

#### SDS Version Summary

Version	Issue Date	Sections Updated
4.1.1.1	27/06/2017	Acute Health (eye), Acute Health (inhaled), Acute Health (skin), Acute Health (swallowed), Chronic Health, Classification, Disposal, Engineering Control, Environmental, Exposure Standard, Fire Fighter (fire/explosion hazard), Fire Fighter (fire fighting), Fire Fighter (fire incompatibility), First Aid (inhaled), First Aid (swallowed), Handling Procedure, Personal Protection (other), Personal Protection (Respirator), Personal Protection (eye), Personal Protection (hands/feet), Physical Properties, Spills (major), Spills (minor), Storage (storage requirement), Storage (suitable container), Supplier Information, Toxicity and Irritation (Other)

#### Other information

Classification of the preparation and its individual components has drawn on official and authoritative sources as well as independent review by the Chemwatch Classification committee using available literature references.

Continued...



The SDS is a Hazard Communication tool and should be used to assist in the Risk Assessment. Many factors determine whether the reported Hazards are Risks in the workplace or other settings. Risks may be determined by reference to Exposures Scenarios. Scale of use, frequency of use and current or available engineering controls must be considered.

#### Definitions and abbreviations

PC—TWA: Permissible Concentration-Time Weighted Average  
PC—STEL: Permissible Concentration-Short Term Exposure Limit  
IARC: International Agency for Research on Cancer  
ACGIH: American Conference of Governmental Industrial Hygienists  
STEL: Short Term Exposure Limit  
TEEL: Temporary Emergency Exposure Limit.  
IDLH: Immediately Dangerous to Life or Health Concentrations  
OSF: Odour Safety Factor  
NOAEL :No Observed Adverse Effect Level  
LOAEL: Lowest Observed Adverse Effect Level  
TLV: Threshold Limit Value  
LOD: Limit Of Detection  
OTV: Odour Threshold Value  
BCF: BioConcentration Factors  
BEI: Biological Exposure Index

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